

# Staycation Youth and Adult Edition



IDEAS to get you into the mindset of being at the **Beach**:

## 1. When it is H-O-T make Ice Cream!

Easy Bag Ice Cream

<https://www.delish.com/cooking/recipe-ideas/recipes/a54721/ice-cream-in-a-bag-recipe/>

### INGREDIENTS

1 c. half-and-half

2 tbsp. granulated sugar

1/2 tsp. pure vanilla extract

3 c. ice

1/3 c. kosher salt

Toppings of your choice

### DIRECTIONS

- In a small resealable plastic bag, combine half-and-half, sugar, and vanilla. Push out excess air and seal.
- Into a large resealable plastic bag, combine ice and salt. Place small bag inside the bigger bag and shake vigorously, 7 to 10 minutes, until ice cream has hardened.
- Remove from bag and enjoy with your favorite ice cream toppings

## 2. Set the Scene: Paint a Beach scene on your sliding Glass door or a mirror.

Add drop of Dawn to regular paint, start with the sand (brown) move up to blue/white for froth, move to blue for water. comes off with a paper towel and windex.

3. **Faith in Action:** Become a pen pal across the generations by emailing [office@umcgrace.org](mailto:office@umcgrace.org) or Write a letter to a friend and tell/ask about their favorite beach memory.