

LENT 2023

UMCGRACE.ORG

# ENGAGEMENT HOUR

SUNDAYS AT 10 - GRACE UMC

**#ENGAGewithGRACE**

Look inside to consider how you will spend your Sundays during Grace's Engagement Hour this Lenten season.



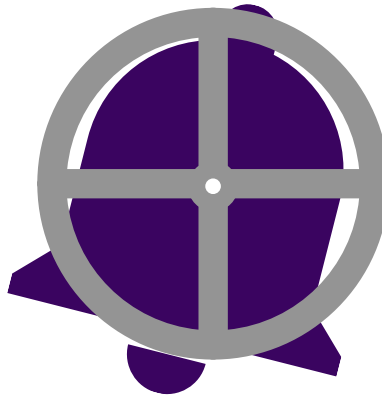


## CHILDREN & YOUTH

***"We now offer 'Pop-Out Church' during both services (every Sunday except the first Sunday of the month), in which children leave the sanctuary to have their own version of the sermon."***

"UpStreet" Children's Sunday School is for children age 3 thru 5th grade from 10-11am every Sunday.

Youth are invited to attend the Youth Sunday School Class in the Generations Room or they can participate in one of the Inter-Generational (IG) engagement opportunities.



## SOMETHING NEW?

If there's a life-stage group you'd like to recommend, or something you'd like offered at 10am on Sundays, reach out to a staff member or pastor today!



## LIFE STAGE CLASSES



***"My adult Sunday School class gives me the opportunity to learn new things about the Bible and have thoughtful conversations with other people from my church."***

Some of Grace's Sunday School classes continued to meet during the pandemic (like Applied Life, the Youth class, and our historic Progressive Class).

Other classes went on a temporary hiatus. Members from other life stages said they'd like to start a group for folks like them, too.

See the full catalogue to discover if there's a group you'd like to try out.



# Lent 2023 - Catalogue

Sundays  
at 10am!

## Children's Sunday School "UpStreet" (IAA)

*Age/Stage:* Preschool (Age 3 by 9/30)-5th Grade. Nursery available for infants and toddlers.

*Location:* Preschoolers (Ages 3-5) meet in Room 4 on the main hallway. K-5th graders meet in the KidZone on the lower level.

*Description:* Children of all ages are welcome at Sunday School where we learn about our God, our faith, and how to be Little Lights that shine bright in our community. Preschoolers will learn through creative play, crafts, and music about Christ's love. Grades K-5 will explore Bible stories through faith-based activities and conversation.

## Nursery Care (IAA)

*Age/Stage:* Infants and toddlers

*Location:* Room 1 on the main floor

*Description:* Nursery care is available from 9am to 12pm every Sunday including the 10am Engagement Hour.

## Youth Sunday School

*Age/Stage:* Teens, 6th-12th grade

*Location:* Generations Room

*Lenten Focus:* Learning to pray and specifically how the Lord's prayer can be used as a model or template for everyday prayer. Youth are also welcome in any of the intergenerational (IG) opportunities.

## Young Professionals

*Age/Stage:* College-age through young adult

*Location:* Room 203

*Lenten Study:* The group will attend Pastor Drew's PastorClass: Prayer 101 in the Fellowship Hall for the month of March. Outside of this, class meets in Room 203 to discuss various spiritual practices and how they apply to current day life.

## 'Rents Room - Where Parents Connect

*Age/Stage:* Anyone actively parenting children of any age, but especially K-12

*Location:* Community Room 2

*Description:* This is a fresh start to a class Grace has offered in the past. We will focus on fellowship, friendship, and Christian support. The format will be casual, and will include joys and concerns, story sharing, and prayer. Anyone actively parenting is invited.

## TBD...Thoughtful Biblical Discussions

*Age/Stage:* Open to adults of all ages

*Location:* Resource Room

*Lenten Study:* "24 Hours That Changed the World" by Adam Hamilton starts February 26.

**\*IAA - Inclusive of All Abilities**

**\*\*IG - Inter-Generational Opportunities**

## Applied Life (IG)

*Age/Stage:* The class is open to all ages. Many current members are in the active retirement life stage.

*Location:* Community Room 1

*Lenten Study:* A study of the book 'Journey through the Psalms' and video lessons by its author, Dr. Denise Dombkowski Hopkins.

The sessions will begin February 19, the Sunday before Ash Wednesday, and continue through Easter Sunday.

The class will take an in-depth look at the book of Psalms — the prayer-book of the synagogue and the church. Through study of the word and insights gained through the arts, we will be invited to approach God with the same honesty and intensity as the ancient Psalmists.

## Progressive Class (IG)

*Age/Stage:* Open to all, the class includes some of Grace's most senior members, but is multi-generational and always open to new members.

*Location:* Room 202

*Lenten Study:* For Lent this year, the Progressive Class will use the United Methodist Adult Bible Study series with passages focusing on three themes: "Wilderness," "Salvation," and "Grace." Student books will be provided.

On March 26 we look forward to having a special "Wired Word" current issues study which will be led by Will Jarvis.

## Extended Coffee Hour (IG) (IAA)

*Age/Stage:* Open to all!

*Location:* Narthex (near Good Shepherd Window)

*Description:* Teams of Grace UMC members rotate to serve coffee, drinks, and a yummy variety of snacks between worship services. If none of the other engagement opportunities suit you, or you just want to hang out, meet with or catch up with other Grace folks, enjoy an extended coffee hour.

## PastorClass: Prayer 101

**4 Sundays in March: 3/5, 3/12, 3/19, 3/26**

*Age/Stage:* Open to all, designed for youth and up

*Location:* Fellowship Hall

*Description:* Prayer is one of the most basic and most ancient spiritual practices, so why is it so hard? It's hard because of the two things it generally requires: time and attention, both of which are often in short supply. This PastorClass with Pastor Drew will give you a chance to learn about ways of praying, and give you a chance to try them out to help you on your lifelong journey of learning to pray.

## Sunday Morning Missions (IG) (IAA)

*Age/Stage:* Open to all

*Location:* Platform Stage in Fellowship Hall

*Description:* Debbie Cali leads lessons and hands-on missions activities each Sunday to all who would like to join. Sixth grade students are regularly part of this crew, and welcome others to join this inter-generational opportunity for all abilities each week!

# OTHER ENGAGEMENT OPPORTUNITIES

## WEDNESDAY BIBLE STUDY



Weekly Wednesday Bible Study is led primarily by Pastor Drew. There is a morning class and an evening class with Zoom options, too! Learn more at [umcgrace.org](http://umcgrace.org) or by contacting Pastor Drew.

## MIDWEEK SMALL GROUPS



Grace has a variety of other midweek small groups that are open to new folks. Visit the events page at [umcgrace.org](http://umcgrace.org) or by contacting Pastor Jessica.

## YOUTH GROUP



Youth Group meets at Grace on Sunday evenings and has activities for 6th-12th graders. Learn more at [umcgrace.org](http://umcgrace.org) or by contacting Debbie Cali.

## MUSIC GROUPS



Grace has many vocal and instrumental music groups (for children and adults) that help lead worship throughout the year. Learn more at [umcgrace.org](http://umcgrace.org) or by contacting Rev. Milton Rodgers.

**HOW WILL YOU  
#ENGAGWITHGRACE  
THIS YEAR?**

**UMGRACE.ORG**